



Item #: M14

## Lamb Weston® Supreme Mashed Lightly Seasoned

Brand: Lamb Weston® Supreme  
Cut Size: Mashed  
Package Size: 6/4# P MILD

Lamb Weston® Supreme provides consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions. These rich and creamy frozen mashed potatoes are made from premium potatoes and high-quality ingredients providing a scratch-made taste and texture without the prep and labor. Lightly seasoned with a hint of onion for a truly satisfying dish. Simply boil or steam in a bag.

### OPERATOR BENEFITS



Consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Real baked potato flavor and texture in every bite.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

### NUTRITION AND COOKING METHODS

**Serving size: 2/3 cup (140g)**  
**Servings per container: About 78**  
**Calories [per serving]: 120**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	3.5g	4%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	430.0mg	19%
Total Carbohydrate	19.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.8mcg	4%
Calcium	20.0mg	0%
Iron	0.6mg	2%
Potassium	230.0mg	4%

**Ingredients:** Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Salt, Cheese Cultures, Stabilizers [Carob Bean Gum, Xanthan Gum, Guar Gum]), Butter (Cream, Salt), Salt, Maltodextrin, Disodium Dihydrogen Pyrophosphate (to promote color retention), Monoglycerides, Natural Flavor, Onion Powder.**CONTAINS: MILK**

**Grade: A**

**Kosher: No**

**Halal: Yes**

Cooking Method	Time	Temperature	Additional Instructions
Boil in Bag	24-26 min		Place bag (unopened) in boiling water.

## SHIPPING AND STORAGE

### Shipping Information

Item Number	M14
GTIN	10044979013149
Net Weight	24.0 lb
Gross Weight	26.0 lb
Count Per Pound	N/A
Case Cube	0.63
Ti/Hi	14,6
Country of Origin	US
Shelf Life	720 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.